



# Transformation

## The Paradigm of the Paschal Mystery

Seminar for Forest-Dwellers  
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## I. For how we understand the Paschal Mystery

- **Some distinctions**
  - two kinds of death ... “terminal” and “paschal”
  - two kinds of life – “resuscitated” and “resurrected”
  - the distinction between “life” and “spirit”





**II. Jesus as Paradigm - The paradigm of the Paschal Mystery: 5 distinct moments.**

- 1) *Passion-death ...*      *“loss of life”*
- 2) *Resurrection ...*      *“the reception of new life”*
- 3) *“40 days” ...*      *“a time for grief/adjustment*
- 4) *Ascension ...*      *“the refusal to cling/letting the old ascend”*
- 5) *Pentecost ...*      *“the reception of new spirit for the new life one is already living*





### III. Some applications

- 1) To the death of aging
- 2) The death of losing health
- 3) The death of a honeymoon
- 4) The death of a dream
- 5) The death of an idea of God or the church
- 6) The death of an institution or religious congregation





IV. An extended footnote on mourning and grieving





## V. The Challenge

- 1) *Name your deaths*
- 2) *Claim your births*
- 3) *Spend the needed amount of time mourning*
- 4) *Let the “former” go*
- 5) *Receive the spirit for the life you are actually living.*